

**HIGH PERFORMANCE HOCKEY LEAGUE
RULES AND REGULATIONS
(Revised October 9, 2016)**

**ARTICLE 1
Membership and Team Registration**

1.1 All High Performance Hockey League (HPHL) member organizations are required to pay a non-refundable per team League fee prior to the beginning of each regular season. The amount and due date of said fee shall be set by the Board of Directors of the HPHL.

1.2 All teams fielded by an HPHL member organization must be registered with USA Hockey, Inc. (hereinafter "USA Hockey"), by and through its local affiliate, and as required thereby. Official USA Hockey rosters for each HPHL team will be filed with their organization prior to the first League game of the season. The Director of each organization will submit all certified team rosters in PDF form electronically to the League in one batch prior to the first HPHL game of the season.

**ARTICLE 2
Team and Player Eligibility**

2.1 HPHL teams may only carry on their rosters players who are validly registered with their local USA Hockey affiliate. Except as may be otherwise provided for herein, once a team turns in its official roster to the League, it is frozen as to players who are eligible to play on that team for that year's regular season and playoffs. Thereafter, a team may only add players to its roster by and with the express approval of the Commissioner of the HPHL. Said approval may only be granted when hardship or other exigent circumstances warrant it.

2.2 Teams claiming hardship or exigent circumstances that necessitate the adding of a new player to their roster must first receive the required permission from their USA Hockey affiliate for the addition, and must thereafter petition the Commissioner for permission to roster the new player. This petition shall be made in writing to the Commissioner and shall explain in detail the circumstances that warrant the addition. In order for permission to be granted, the request must receive approval from the Commissioner. The Commissioner will inform the petitioning organization of the determination. Thereafter, the petitioning team shall only have recourse to the Board of Directors if it is able to muster enough support among the League members to call for a Special Meeting of the Board. In any event, the Commissioner's or the Board's determination, as the case may be, shall be final. The Commissioner may unilaterally approve additions to rosters under twenty (20) players as long as the added player did not come from a League partner in the current or previous season (pending all financial obligations with the prior club are met.)

2.3 Teams needing to bring a player up to an older level may do so providing the player is within their own organization, the move is for a specified amount of time (games) and the local affiliate has approved the temporary move of the player. This move should be viewed as temporary and does not constitute a change in the original certified roster provided to the league. Should a permanent roster change be warranted, please refer to section 2.1 and 2.2.

2.4 A player to be added to a team's roster as provided for herein must receive written release from his current team, must be registered with his new team in compliance with all USA Hockey and USA

Hockey local affiliate requirements, and must not have any outstanding financial obligations to another HPHL team or organization. Such a player may not play in any HPHL game until such player has received written permission to do so from the League Commissioner and or Board of Directors.

2.5 To be eligible for competition in the HPHL, a player must be validly registered with USA Hockey through the player's USA Hockey local affiliate both individually and as a member of a validly registered team. There are no exceptions to this rule.

2.6 All HPHL team rosters must comply with USA Hockey requirements.

2.7 Any team that plays a game with an unrostered player, or with an improperly rostered player, shall forfeit that game. If a team persists in playing such a player, it shall be guilty of conduct detrimental to the HPHL and may be sanctioned or fined as provided for in the League Bylaws. The purpose of the following is to ensure all persons affiliated with the HPHL have a clear understanding of the League policies governing tampering and the recruitment of Players, Coaches, and Managers. Failure to follow the rules, regulations, and policies may subject the offending individuals to disciplinary action including revocation of member in good standing status. Team and/or organizational success should be built around the development of individual and team skills and not through the recruitment of players. The HPHL operates under the auspices of USA Hockey and its local affiliates. As such, all USAH rules, regulations, and policies governing the conduct of Coaches, Players, and Organizations in regards to player recruitment apply to all HPHL members.

ARTICLE 3 Player Registration

3.1 All players and parents/guardians must complete a Player Commitment document, supplied by the member organization or local affiliate, prior to the commencement of each season in order to be eligible to play in the HPHL for that season. Player Commitment documents must be signed by a designated organization officer.

3.2 All rostered players, parents/guardians and coaches who participate in HPHL games must register with the HPHL under the organizations they are currently rostered with and agree to abide by all rules and regulations of the HPHL and USA Hockey.

3.3 If a player moves within the season to a different HPHL organization, is rostered on a new team and the player is participating in HPHL games, a new registration is required for the player and parent/guardian under the new HPHL organization.

3.4 A player with unpaid financial obligations to any HPHL Member or Associate Member club or team will not be permitted to participate in any HPHL game or other League activity for any other HPHL Member or Associate Member club in the present season or any future seasons until such financial obligations are paid in full.

3.5 The HPHL is committed to keeping personal information including e-mail addresses confidential. The HPHL does not sell, rent, or lease the registration lists to third parties and will not provide your personal information to any third party individual.

ARTICLE 4
Tampering And Recruitment of Players, Coaches, And, Managers

The tampering or recruitment of Players, Coaches, and Managers rule includes the following. The intent of the following is to prevent a coach or Manager from taking a team or group of players from a team from one organization to another.

- 4.1 This rule is in addition to all applicable rules, guidelines, and codes of ethics issued by USA Hockey and USA Hockey Affiliates (e.g. MAHA, AHAI, etc.).
- a) In-Season Contact - Contact with any player(s) should not occur during the progress of a season when the player's team is still actively engaged in their schedule of play.
- 4.2 For purposes of this rule, recruiting and tampering is defined as any communication to or from a current HPHL Player (including a parent or guardian), Coach, or Manager to attempt to persuade the Player, Coach, or Manager to become affiliated with any other HPHL team or club for the current or future HPHL playing seasons.
- a) All Directors, Coaches, Managers, and other agents (including players and their parents or guardians) of member and/or associate member organizations or teams are prohibited, directly or indirectly, from recruiting or otherwise tampering with players, coaches, or managers during the playing season.
- b) For purposes of this HPHL Policy, the playing season commences on the date a Player, Coach, or Manager signs on with his/her organization for the upcoming season and ends on the last day of the season for his/her age division.
- c) Any person registered with USA Hockey as a Coach or Manager of an HPHL team is prohibited from coaching or managing in the same age division (e.g. 1999; U14 if a multiple year division) the following season without the express written permission of the preceding member organization's Director unless the current HPHL organization has elected not to retain the coach or manager for the upcoming season. Additionally, a Boy's U16 Coach shall not be eligible to move to a Boy's U18 team (see point f), and a Girl's Coach shall not be eligible to move up one Division (Girl's U14 to Girl's U16) (see point f) unless the current HPHL organization elects not to retain the Coach or Manager in his current position for the following season. In this case the Coach or Manager is free to move to any HPHL organization in any position.
- d) Notwithstanding the above, a Coach or Manager may move to a prohibited age division provided the Coach or Manager (if he/she was previously on the USA Hockey roster) obtains written consent (filed electronically with the HPHL Secretary) from the previous organization's Director. In any case, the Coach or Manager must obtain the official release prior to pursuing a position within another organization regardless of the level. Note: A coach is free to coach at another Division the following year (e.g. 2011-12 1999 Division may coach 2011-12 2001 Division without the previous organization's release; however, the Coach is not able to begin conversation with a new organization without written acknowledgement of the current organization's Director. The acknowledgement will not be withheld without cause. This also applies to a Manager.) If the current HPHL organization elects not to retain the Coach or Manager in his current position for the following season, the Coach or Manager is free to move to any HPHL organization in any position.
- e) A player, if he/she wants to switch teams during the season (prior to the official tryout date for said division), must have written consent (filed electronically with the League Secretary) from the previous organization's Director, as well as a release from USA Hockey through its affiliate, before being officially released to pursue or join another organization.
- f) Notwithstanding the above, a Player, Coach, or Manager is eligible to receive or initiate discussions with a Director, Coach, Manager or agent of a member organization and/or associate member organization provided that written permission is granted by the recruitee's organization in advance.

- g) Exceptions to the policies outlined above may be made at the discretion of the HPHL Board of Directors.
- h) Claimed violations of this policy shall be referred for investigation to the Board of Directors, which shall have the authority to investigate the claim, determine if a policy violation occurred, and assess discipline to the involved Player, Coach, Manager, or Team or Club official.
- i) Violations of this policy subject the identified party(s) to disciplinary action up to and including revocation of member in good standing status in the HPHL and consequent ineligibility to participate as a member of the HPHL until such designation is rescinded by the League office.
- j) Organizations must notify a Coach or Manager that he/she is not being retained no later than 48 hours after the last game of the Tier I Youth National Championships for **National Bound teams** and 48 hours after the last State Championship game for non-National bound team.

4.3 League Process: The complaining organization/team compiles the documentation outlining and supporting the allegation. The complaining organization/team notifies the League Secretary of allegation via email. The complaining organization's Director will contact alleged violating organization's Director to discuss the issue and attempt to reach understanding regarding what happened. The complaining organization sends the League Office a detailed statement of the issue and the status reached after conversations with the alleged violating organization. If applicable, the violating organization recommends internal disciplinary action against the perpetrator and sends a formal statement of planned action to the HPHL Board of Directors for concurrence. The HPHL Board of Directors takes appropriate action based on the above.

ARTICLE 5

Player Equipment and Jerseys

- 5.1 All players shall be required to wear USA Hockey approved and required equipment for all games and practices.
- 5.2 Each team shall have both a "home" jersey based primarily upon a light color and a darker "away" jersey based primarily upon their organization's colors. The home team in all games shall wear their lighter-colored home jerseys and the visiting team shall wear their darker-colored away jerseys. However, if the referees determine that it is difficult to distinguish one team from the other based on these jerseys, it shall be the responsibility of the home team to change jerseys.

ARTICLE 6

Games

- 6.1 Playing Rules. USA Hockey rules and penalties shall apply to all HPHL games.
- 6.2 Length of Games.
 - a) Boys U15/U16 and U18 Games:
 - i) League Showcase Games: All Showcase Games shall be 17 minute stop-time periods with a five (5) minute pre-game warm-up. This section applies to all HPHL Showcase Games.
 - ii) Local League games: for HPHL local League games all HPHL U18/U16/U15 games will be 17 minute stop-time periods with a five (5) minute pre-game warm up.
 - iii) If the game is ties at the end of regulation play, the following Shoot Out Procedure will apply:

- A) Three different shooters from each team will take alternate shots, the team with the advantage in goals scored will be deemed the winner.
 - B) If the game is still tied after three shots by each team there will be a sudden death shoot out which will continue in this manner until one team has scored the advantage in goals.
 - C) After the first 3 shooters, the same or new players can take the tie-break shots. The same player can also be used for each shot by a team in the tie-break shoot-out.
 - D) Only the decisive goal will count in the results.
 - E) Shots will be taken at both ends of the ice.
 - F) The home team will chose whether to shoot first or second.
 - G) Any player whose penalty was not over when overtime ended cannot take the shots and must stay in the penalty box.
 - H) The goalkeepers will defend the same goal, as determined by the Referee.
 - I) The players of both teams will take the shots alternately.
 - J) The team winning the Shoot Out Procedure receives two points and the other team receives one point for the game.
- b) Boys U14 and Younger Games:
- i) League Showcase Games: All HPHL U14 and younger showcase games shall be 15 minute stop-time periods with a three (3) minute pre-game warm-up. This section applies to all HPHL games.
 - ii) Local League games: for HPHL local League Games all HPHL U14 and younger games will be 15 minute stop-time periods with a three (3) minute pre-game warm up.
- c) Girls' 19U, 16U 14U, and 12U Games:
League and Showcase Games: All HPHL Girls' games shall be 15 minute stop-time periods with a three (3) minute pre-game warm-up.
- d) Ice Resurfacing between Periods:
Ice resurfacing shall take place immediately after the first whistle after ten (10) minutes remaining in the second period in all HPHL U18/U16/U15 Showcase and local games. All local and League games at the Boys U14, U13, U12, U11, U10, and all Girls levels shall have an ice cut after the second period.
- e) Rest Time between Periods:
Rest time between periods shall be one minute. In all HPHL games, at the end of each period of play in which a between-period ice resurfacing is not to take place, the timekeeper shall immediately run one minute (1:00) on the game clock and the next period shall begin immediately thereafter.

6.3 Game Officials. All games at the U18/U15/U16, and U14 levels shall be officiated by the USA Hockey three-official system (one referee/two linesman). All games at all other levels shall be officiated by the USA Hockey two-official system. When the two official system is used, the duties of the linesmen will be carried out by both referees. The home team shall provide the off-ice officials, including scorekeeper and when necessary, penalty box attendants. The home team may require the visiting team to provide a penalty box attendant for the visiting team's penalty box.

6.4 Pointstreak and Scoresheets. The home team is responsible for entering their games in Pointstreak in real-time. If real-time scoring is unavailable, the game must be entered into Pointstreak within 24 hours of completion. If the home team is a guest team, the showcase host is responsible for entering the game in Pointstreak. All teams must have a blank scoresheet available at every game in case it needs to be utilized for any reason. Scoresheets from games shall become permanent League records and shall be signed by the coaches and game officials as may be required by USA Hockey and/or its affiliates.

6.5 Tie Games – Regular Season. For regular season games, if the score is tied at the end of three (3) periods, the game will end and each team will be awarded one (1) point in the standings.

6.6 Tie Games – Playoffs. Separate playoff rules will be provided prior to the playoffs.

6.7 Timeouts. During the regular season and playoffs, each team will be allowed a single one (1) minute timeout.

6.8 Handshakes. Team handshakes shall take place after each HPHL game.

6.9 Running Clock. In all HPHL games, whenever a goal differential of six (6) goals or more exists in the third period, the game shall revert to “running” time. Under this rule, the game shall revert back to “stop” time whenever the goal differential is reduced to less than six (6) goals.

6.10 Major Penalties. All major penalties, whether for fighting or otherwise, shall be governed by USA Hockey Rules in effect at the time, and by Article 8 of these Rules and Regulations.

6.11 Curfew Games. No HPHL games may be cut short by a curfew. It shall be the responsibility of the home team to make satisfactory arrangements with its rink or rinks to guarantee that no HPHL games shall ever be subjected to curfew. If unusual or extraordinary circumstances result in a curfew being imposed on a HPHL game, the game shall be interrupted at that point, the time remaining in the game noted, and the balance of the game replayed at a later date, at the home team’s expense and at the visiting team’s convenience. In the event of such an interrupted game, the home team shall within twenty-four (24) hours of the interruption inform the HPHL Commissioner of the situation. The Commissioner in his sole discretion may call a Special Meeting of the Board of Directors for the purpose of reviewing the circumstances that gave rise to the interrupted game and imposing any appropriate penalties, including forfeiture of the game and/or fines.

6.12 Pucks for Games and Warm Ups. The home team, or during playoffs the team designated as the home team, shall provide any and all pucks necessary for the conduct of the game, including a sufficient number of pucks for the use of the visiting team during pre-game warm-ups.

ARTICLE 7

Protests

7.1 A game, including its outcome, may not be protested based on the judgments or “calls” made by an on-ice official. A game, including its outcome, may be protested based on the opponent’s use of an ineligible player, or on a gross violation of rules, or of protocol that clearly has an impact on the game and that inures to the detriment of youth hockey and the HPHL.

7.2 Any such protest must be filed by the protesting team as soon as is reasonably possible. It is highly preferably that the protest be indicated on the disputed game’s scoresheet. In order to give effect to the protest, the protesting team must nonetheless petition the Commissioner of the HPHL in writing, explaining in detail the circumstances surrounding the reason for the protest, and requesting a hearing on the matter before the League’s Board of Directors.

7.3 If the Commissioner determines that the circumstances either do or may warrant a hearing by the Board of Directors, he shall at the earliest possible convenient time call a Special Meeting of the Board for the purposes of conducting such a hearing. If the Commissioner determines that the circumstances do

not warrant a hearing, he shall inform the petitioning team of that determination. Thereafter, the petitioning team shall only have recourse to the Board of Directors if it is able to muster enough support among the League members to call for a Special Meeting of the Board. In any event, the Commissioner's or the Board's determination, as the case may be, shall be final.

ARTICLE 8 Forfeitures

8.1 Any HPHL team found using an ineligible player shall forfeit each and every game in which the ineligible player is used. Such ineligible players may not even dress for a game or it shall be forfeited. The forfeiture shall take effect upon a finding by the Board of Directors to that effect. It is the responsibility of the team, and of the team's organization, to immediately report to the League Commissioner any use of an ineligible player once such use becomes known by them.

8.2 Forfeiting of games is discouraged and should be invoked by the Board only under the most extraordinary of circumstances. Nonetheless, if it is determined that a team or an organization has persisted in any form of conduct whatsoever that was previously found by the Board of Directors to be detrimental to youth hockey generally and to the HPHL specifically, this shall, among other remedies and penalties, be grounds for forfeiture of games. All game forfeits will incur a minimum \$500 penalty for the game forfeited plus all of the related costs which can include ice, referees, etc. Penalties for any additional forfeits will be at the discretion of the Commissioner and subject to Board approval.

ARTICLE 9 Regular Season and Playoff Schedules

9.1 The regular season shall be scheduled by the scheduling deadline in July or August of each year. Each team in the HPHL must be prepared to upload their games into Pointstreak by this set date. All scheduled League regular season games must be played.

9.2 Once a regular season game has been scheduled, changes are permitted only upon the agreement of both teams affected thereby, and upon the filing with the Secretary of the HPHL of a Game Schedule Change Form. All such Change Forms must be completed via the form on the HPHL website. If both affected teams do not agree to a scheduling change, then a change may only be made upon extraordinary circumstances and only then after receiving the approval of the League's Commissioner and/or Board of Directors.

9.3 The HPHL regular season shall begin on September 1st of each year. All games must be completed and posted in Pointstreak by Sunday prior to the playoffs. The format and locations for the playoffs shall be determined by the Board of Directors no later than the 15th of June each year.

ARTICLE 10 Suspension and Expulsion of Players, Coaches, Other Team Personnel

10.1 Coaches and other team or association personnel may be suspended or expelled from participation in HPHL activities, including all games and tournaments, for conduct deemed by the Board of Directors to be detrimental to the best interests of youth hockey generally or of the HPHL specifically. Such conduct shall include, but not be limited to, the following:

- a. fighting or inciting others to fight;

- b. obscene conduct or behavior;
- c. jeopardizing the amateur status of a player.

10.2 Any player who receives a non-fighting major penalty in an HPHL regular season or playoff game, which penalty by USA Hockey Rules carries with it any game suspensions, shall automatically be suspended from the balance of that game and shall be required to serve his suspension in his next regularly scheduled USA Hockey game. This is provided that the game was scheduled prior to the infraction in accordance with USA Hockey Rules. (This is intended to eliminate “double jeopardy”)

10.3 Any player who receives a major penalty for fighting in an HPHL regular season or playoff game shall automatically be suspended from the balance of that game and in addition receive a three-game suspension from the HPHL that must be served in their next three scheduled USA Hockey sanctioned games. The three (3) game suspension will satisfy the USA Hockey game misconduct suspension as well. Players receiving multiple game misconducts in the same game shall serve those game suspensions sequentially. There shall be no “concurrent” game suspensions. Games have to be scheduled prior to the occurrence of the penalty.

10.4 Any player who over the course of the season receives multiple major or game misconduct penalties for fighting or for other rules violations may, in addition to the penalties and suspensions otherwise required by USA Hockey’s Official Rules of Ice Hockey, be suspended from the HPHL by and in the sole discretion of the HPHL Commissioner.

10.5 Appeals from suspensions imposed by the HPHL Commissioner may only be instigated by a League member organization and shall be directed to the Board of Directors. Such an appeal will only be considered by the Board if the appealing member is able to muster enough support among the other League members to call for a Special Meeting of the Board. In any event, the Commissioner’s or the Board’s determination, as the case may be, shall be final.

10.6 Member organizations are required to electronically submit copies of game score sheets where their players or coaches received a major or match penalty to the HPHL Secretary with 48 hours of the game completion.

10.7 Any team that leaves the ice during a game in a dispute of a registered referee’s decision shall forfeit the game by a 1-0 score (regardless of the score at the time). The head coach of the team leaving the ice shall be immediately suspended from all League activities until a hearing is conducted by the League.

10.8 A coach or manager who upon the findings of the League knowingly allowed the participation of an ineligible player or coach in any game shall be subject to a recommended suspension of up to one year.

10.9 A player or coach upon the findings of the League, who knowingly participated in a game as an ineligible player or coach, shall be suspended for not less than thirty (30) days.

ARTICLE 11

League Travel Program

11.1 All League games that count towards the League standings and require overnight travel will follow the League travel program. Each trip will be submitted through the HPHL website on a trip request form. Any team in non-compliance of this penalty could incur a financial penalty imposed by the Commissioner for each trip not in compliance.

ARTICLE 12
Rule Changes

12.1 Any voting Director may propose a rule change to be considered for adoption by the League. Proposals should be sent to the League Commissioner who may elect to call a special meeting for consideration or include in the next scheduled League meeting. Passage of changes requires a two-thirds (2/3) majority of the voting Directors to approve and the change becomes effective immediately or at a date specified in the rule change. Rule changes of substantively the same content, if rejected, cannot be brought forth for reconsideration until a twelve month period has elapsed unless two-thirds (2/3) of the voting Directors agree to reconsider within the twelve month window.